



London PE and School Sport Network

7 a-side Football Festival

Entry Requirements

Squad of maximum 10 players (7 players on pitch at once)

Festival Rules

Teams will play a round-robin format in their groups with top two from each group and the two best 3rd place teams progressing to the knockout stages. The length of the games will be decided on the day.

Knockout stages – if games are level after full time there will be a period of extra time followed by penalties.

Game Rules

7 players on at any time

Roll on/off substitutes

Ball is allowed to travel at any height

Keeper must kick from a dead ball from goal kicks.

All players are allowed inside the penalty area

Overarm throw-ins

Back pass rule applies – a free kick will be awarded to the attacking team 5 yards outside the area

No offsides

Any inappropriate conduct will result in the player being removed from the game.