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C58 Pre

A B C D E F G H I J K L M N O P Q

SCHOOL LOGO

Key Stage 1

THE PE AND SPORTS NETWORK

1

2 Year 1 (CLASS 1A)

3

4 National Curriculum: * master basic movements including running, jumping, throwing and catching, as well as WTB: Developing balance, agility and co-ordination, and begin to apply these in a range of activities * participate in team games, developing simple tactics for attacking and defending * perform dances using simple movement patterns.

5

6 Games: Throwing Towards a Target

Assessment OUTCOMES	Term: A1	WTA: Emerging	WTB: Developing	ME: Secure	EE: Mastery
I can move in different ways, avoiding obstacles- hop, skip, jump, slide, walk, run	Pre	Monica	Most	Colin, Joe	
	Post	Monica, James	Most	Jess, Joe, Colin	
I can hit a target with a ball or beanbag	Pre	Monica, James	Most	Rebecca, Jess	

EXAMPLE 1A 1B 2A 2B 3A 3B 4A 4B 5A 5B 6A 6B Swimming

**For access to all lesson plans please contact Wilson Frimpong
(wilson@lpessn.org.uk)**

Lesson activities can also be found on our YouTube channel

