



How are you feeling today?



Happy
Excited
Proud
Pleased
Comfortable **Cheerful**
Good **Confident**
Delighted **Blessed**



Calm
Confused
Curious
Shy
Satisfied **Shocked**
Distressed **Tense**
Concerned **Timid**



Dejected
Down
Worried
Sad **Upset**
Annoyed **Frustrated**
Angry **Downhearted**
Disappointed **Nervous**



**I'm not sure how
I feel**