

# SENSORY ACTIVITY

## YOU NEED:

- PASTA SHAPES/SPAGHETTI
- FOOD COLOURING
- WATER
- COOKING OIL



## TIP:

- TRY DIFFERENT PASTA SHAPES AND USING INSTANT NOODLES FOR SPEED.

## METHOD:

- COOK PASTA ACCORDING TO PACKET.
- ADD FOOD COLOURING TO WATER BEFORE COOKING AND PLENTY OF OIL TO PREVENT STICKING AND MAKE IT SLIMY.
- WHEN COOKED, RINSE WELL WITH HOT WATER.