

SENSORY ACTIVITY

THIS EDIBLE SENSORY RECIPE IS DESIGNED TO EXPLORE THE SENSE OF HEARING, WHILE NOT NECESSARILY STIMULATING OTHER SENSES. LET THE PUPIL EXPLORE WITH THEIR HANDS IN THE KNOWLEDGE THAT EVERYTHING THEY ARE TOUCHING CAN BE SAFELY EATEN.

YOU NEED:

- COOKED BOILED RICE - COOLED
- CRISPY RICE CEREAL
- MILK OR WATER
- LARGE TRAY

METHOD

- SPREAD THE COOKED AND COOLED BOILED RICE ON ONE SIDE OF THE TRAY.
- SPREAD THE CRISPY RICE CEREAL OUT ON THE OTHER SIDE OF THE TRAY
- JUST AS THE PUPIL STARTS TO PLAY AT THE TRAY, POOR A SMALL AMOUNT OF EITHER MILK OR WATER ON TO THE RICE EACH SIDE OF THE TRAY.
- GET PLAYING! ALLOW THE PUPILS TO EXPLORE THE CONTRASTING SOUNDS OF THE DIFFERENT TYPES OF RICE, THE QUIET BOILED RICE AND THE NOISY RICE CEREAL.

(THIS RECIPE IS INTENDED TO BE USED AS SOON AS IT HAD BEEN MADE AND NOT TO BE STORED FOR FUTURE USE.)