

SENSORY ACTIVITY

YOU NEED:

- LETTUCE
- ROCKET
- PEA SHOOTS
- SPINACH
- KALE
- MINT LEAVES
- ROSEMARY
- LARGE TRAY OR CONTAINER

NON-EDIBLE ITEMS:

- TOY BEE
- TOY BUTTERFLY
- TOY CATERPILLAR
- TOY BIRD

METHOD

- SPREAD THE DIFFERENT LEAVES ACROSS A LARGE TRAY. DISTRIBUTE THEM IN LAYERS SO THAT THE ENTIRE TRAY IS COVERED IN A VARIETY OF GREEN PLANTS.
- LAY THE NON-EDIBLE ENHANCEMENTS ACROSS THE LEAVES.
- HAVE FUN EXPLORING THE DIFFERENT TEXTURES, SCENTS AND SHADES ON THE TRAY. ALLOW THE CHILDREN TO INDEPENDENTLY EXPLORE THE SENSORY TRAY. YOU MAY LIKE TO ENCOURAGE THEM TO RETELL A STORY WHILE THEY PLAY.