



THE PE AND SCHOOL  
SPORTS NETWORK

# IMPACT

# REPORT

# 2023-2024



THE PE AND SCHOOL  
SPORTS NETWORK

# TABLE OF CONTENTS

- 1 Introduction
- 2 Our Schools
- 3 Competitions & Festivals
- 4 Competitions & Festivals
- 5 Continued Professional Development
- 6 SEND & Inclusion
- 7 SEND & Inclusion (Saturday Sports Club)
- 8 Girls' Sports Programme
- 9 Girls' Sports Programme
- 10 Acknowledgements

“

I encourage all PE leads to sign up to the variety of programmes offered, such as SEN support, team teaching, wellbeing and competitive events.

The PE & School Sports Network is an invaluable part of our schools curriculum.

Headteacher at Grange Primary

”

# INTRODUCTION



The PE and School Sports Network was born out of the Southwark School Sports Partnership programme that was originally created in 2003 and then changed to the PESSN in 2012. The change allowed us to expand our PE programme to reflect a more holistic provision that supports our main aims which are;

- To offer a varied and inclusive competition programme for primary, secondary and special schools (including the School Games)
- To offer an extensive CPD programme to upskill primary teachers in PE. This includes team teaching and insets
- To offer young people the chance to join our leadership programme which includes training and opportunities to volunteer at future events
- To educate young people on the benefits of a healthy lifestyle through our health and wellbeing programme
- To improve SEND provision across schools and provide more opportunities to SEND pupils through our SEND PE Teaching Programme
- To ensure fun and engaging PE lessons

The PE & School Sports Network is based at Bacon's College in Southwark & is a progressive organisation which works with over 135 primary, secondary & special schools to develop physical education & school sport. We strive to improve on everything we do and very much value the support and feedback from our schools and providers in order to keep pushing forwards and make PE, physical activity, health & sport an essential part in changing children's lives.

## Why we do what we do:

We believe that every child in every school that we work with has the entitlement to access high quality physical education & school sport leading to positive physical, emotional & mental health, giving them the best possible start in life!

The work we do has been constructed following principles as a result of direct feedback from our member schools, years of delivery experience and through close working partnerships with the Local Authority, Government Departments, Sport England, The Youth Sport Trust, The Football Association, NHS and London Sport.

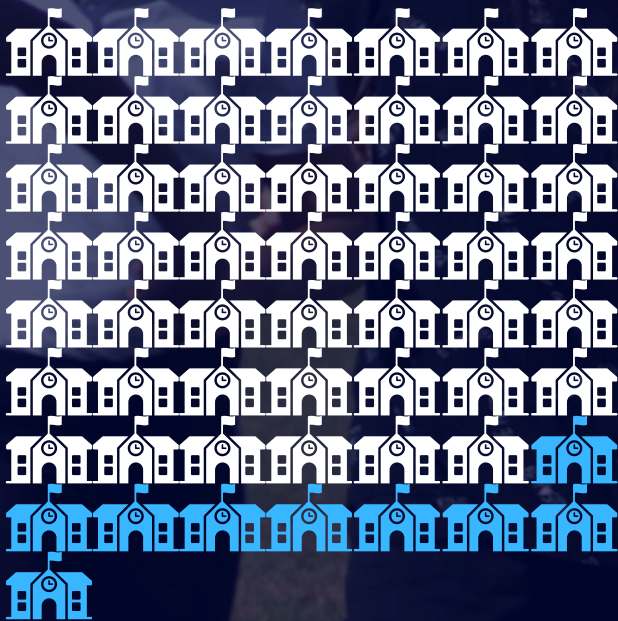
From these working partnerships and feedback we ensure that all of our work aligns with the following 5 key indicators:

- All pupils should be engaged in regular physical activity.
- Raise profile of PE & Sport across whole school.
- Increased confidence, knowledge & skills of all staff in teaching PE & School Sport.
- Broader range of sports & activities offered to all pupils.
- Increased participation in competitive sport.

WORKING WITH  
SCHOOLS 135

# OUR SCHOOLS...

This academic year **57** primary schools were members of the PE & School Sports Network. These were broken down into full members and competition only schools depending on what package the school selected.



## What does our membership mean?

**Full members** have access to everything that the PE Network has to offer. This includes access to...

- Over **30** competitions and festivals (including school games events)
- CPD opportunities for all staff
- Bespoke training days
- Sport specific training for all staff
- Regular PE Coordinator meetings
- Over 100 lesson plans via our website
- Girls' Sports Programme
- Specific girls' focus groups
- SEND & Inclusion support
- SEND Swimming Lessons
- Bespoke SEND CPD Days
- Leadership programme

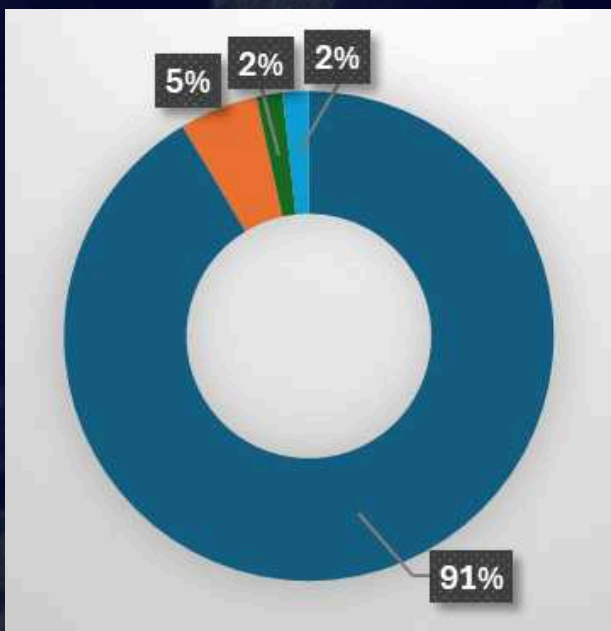
**Competition only** have access to just our competitions and festivals.

## How do the schools decide what package suits them?

Action plan meetings are held with each school at the end/start of each academic year to set out their priorities for the following year.

## Where are our schools based?

- 91% - Southwark Schools
- 5% - Lewisham Schools
- 2% - Lambeth Schools
- 2% - Hackney Schools



# COMPETITIONS & FESTIVALS



We pride ourselves on getting as many young people as possible to take part in physical activity when they are at school.

23/24 academic year saw over **18,000** children take part in our competitions and festivals in and around the borough of Southwark. This is **3,000** more than 22/23 academic year.

We have been proud members of the school games community since 2010 and continue to provide opportunities for all schools to represent the borough they live in within a competitive environment.

The Network work closely with The Youth Sports Trust and The School Games to provide level 2 intra competitions (School Games Competitions). These competitions are school versus school.

Winners from these competitions go on to represent not only their school but also the whole of Southwark at the London Youth Games.

This year we were proud to be able to offer School Games Competitions in the following sports:

- Seated Volleyball
- Bee Netball
- Hockey
- 3v3 Basketball
- Mini Tennis
- Quad Kids
- Football
- Cricket
- Dance
- Futsal
- Swimming
- Golf
- Boys & Girls Cricket
- Rugby

To increase participation and offer opportunities for all we also provided a range of competitions which are separate but run alongside the School Games calendar.

To assist with providing schools with the best opportunities to attend we took the decision to make these events are for full classes. It is from our action plan meetings that we are able to listen to the needs of our schools and are able to provide something for everyone.

**18,000**  
CHILDREN TOOK PART

**3,000**  
MORE THAN 22/23

**91**

COMPETITIONS RAN  
THROUGHOUT 23/24

**18** SCHOOL  
GAMES  
COMPETITIONS

# COMPETITIONS & FESTIVALS

This year we also offered smaller events within the borough which were focused on specific areas, this made it easier for schools to travel.

These events included KS1 events, including a multi skills programme. *(please see girls football section for an example)*

## Inter Schools (Level 1)

As well as our school games programme we also ran Inter School competitions. This is where the Network team went into schools to host events between classes and houses.

## Sports Leagues

Once again our Leagues were offered to **ALL** member schools. Our most popular league was our football league that took place at GMH Park (*Imperial War Museum*). We are always keen to use this venue as it is very central within the borough and allows all schools the opportunity to attend.

Alongside our main leagues we also ran mini leagues in schools around the borough.

## School Games Mark

The School Games Mark is a government-led awards scheme launched in **2012** to reward schools for their commitment to the development of competition across their school and into the community. Participating in this process allows schools to evaluate their PE provision and assists them in developing an action plan for future progress.

“

Thank you SO MUCH for today's ice skating session. The children absolutely loved it and wouldn't stop talking about it!  
We saw such a growth in confidence in just 45 minutes.

Teacher at Rotherhithe Primary School

”

92

SCHOOLS ENGAGED  
IN COMPETITIONS

GENDER OF PUPILS THAT TOOK PART?

42% BOYS

56% GIRLS

18

SCHOOLS COMPLETED SCHOOL GAMES MARK

# CONTINUED PROFESSIONAL DEVELOPMENT



As explained in the PE Premium Outcomes all schools should place the professional development of their workforce at the heart of their school.

All of the training we offered this year was to increase confidence, knowledge & skills of all staff teaching PE & School Sport. We welcomed over 1,000 adults to our training days.

This year we offered:

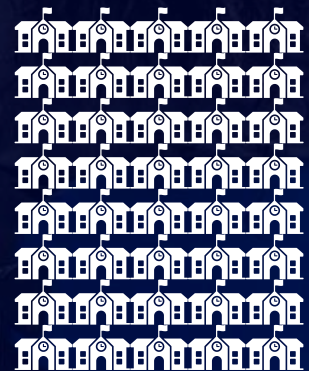
- Bespoke INSET
- Lunchtime Supervisors Staff Training
- Assessment
- Active Learning Support
- Whole day insets
- Sport specific Training
- PE Co-ordinator Meetings
- Access to the PESSN Website, YouTube channel & weekly network updates

## United Learning Schools

Being based at Bacon's College allows us to have a strong relationship with the United Learning Trust.

This academic year we had the pleasure of working with **40** United Learning Primary Schools across three days as part of their ECT training.

**40**  
UL SCHOOLS



## Westminster and Kensington & Chelsea Teacher Training

For the second year in a row we were asked to support PE Leads from schools that are based other local boroughs.

Those **10** schools that attend worked closely with our CPD lead to develop and enhance the PE offer at their school.

Having attended they also gained access to our members area on our website that contains all of our lesson plans and resources.

**1,164**

ADULTS ATTENDED OUR TRAINING DAYS

# SEND & INCLUSION



We take great pride in our SEND PE and sports provision.

We have a highly skilled team working with children across the borough. We run many successful SEND sporting events and festivals across the academic year.

This year full member schools benefited from tailored SEND CPD support as well as various programmes delivered in their school.

**1,514**  
**ADULTS & CHILDREN TOOK  
PART IN OUR SEND SUPPORT**

“

I feel more empowered to teach meaningful and fun PE session to SEND children at my school.

Thank you so much!

Teacher at Ivydale Primary

”

## SEND PE Lessons

This academic year **20** schools have engaged in our SEND specific PE lessons.

The lessons involved working closely with school staff showing different types of support and techniques, gradually handing over the leading of the lessons to school staff with continued support from the Network.

## SEND Sport Festivals

The opportunities we offer all SEND pupils doesn't stop at the school gates.

Many pupils that attend our festivals outside of school benefit from having the opportunity to excel at sports that they may never do outside of a school setting.

Working closely with local providers this year we were able to offer **4** bowling events and **4** SEND Festivals of Sport. These events on their own allowed over **800** pupils the opportunity to represent their school.

This year we also welcomed back our SEND Sailing Festivals at Surrey Docks Watersports Centre.

A strong relationship with Tideway Sailability saw over **80** pupils access **6** SEND specific sailing days.

Providers we have worked with this year...

- Tideway Sailability
- Grove Capoeira
- Volleyball England
- Hollywood Bowl

# SEND & INCLUSION (SATURDAY SPORTS CLUB)

The Saturday sports club runs through the year at Bacons College. The club caters for SEND students of all disabilities between the ages of **6 -18** years old. Each session lasts for **90** minutes.

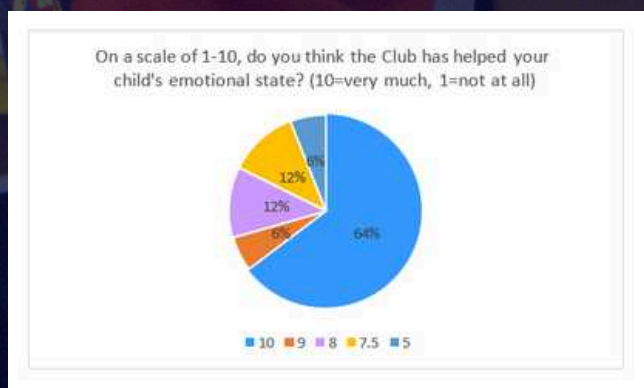
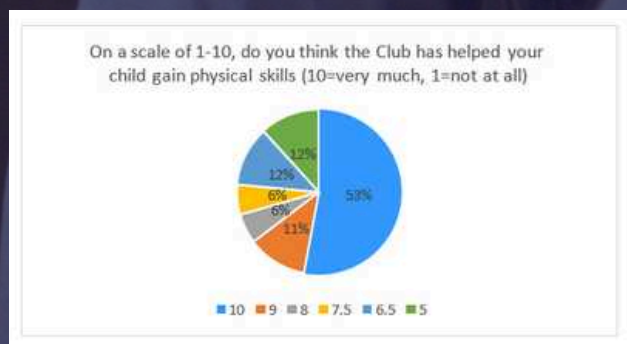
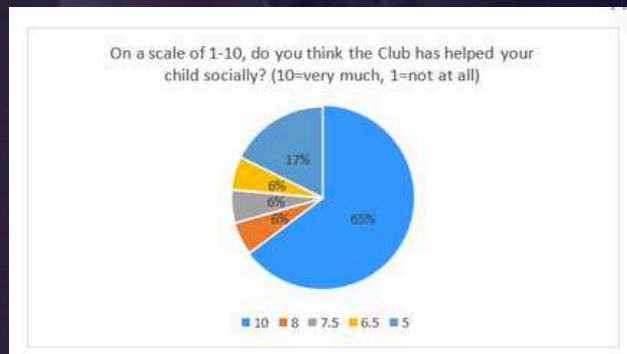
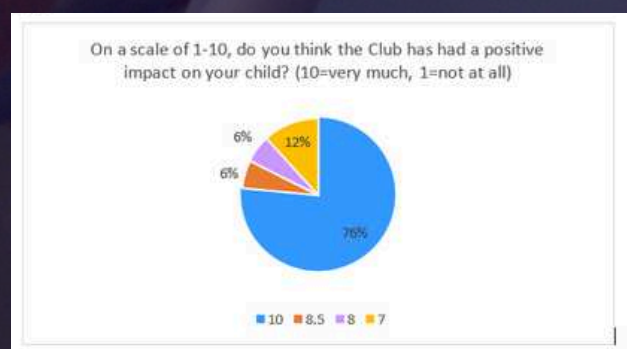
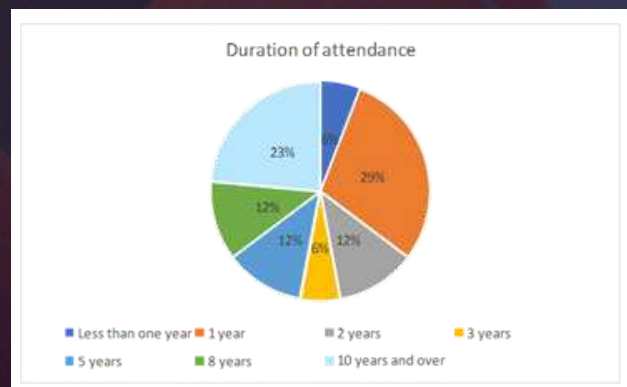
As well as improving fitness levels and health and wellbeing the club works on social skills such as listening skills, waiting, sharing, teamwork, individual work and focus. Sports and activities change weekly - trampolining, nature trail and the gym for the older clients, volleyball, football, basketball, multi skills, tennis, cricket, badminton, boccia, new age curling, dance, parachute games, athletics, capoeira, etc.

## Recent report conducted by FitMedia

Existing parents were asked how long they had been attending.

The duration ranged from less than **10** months, to over **10** years, showing a mix of regular and newer attendees.

4 children (**23%**) had been attending for 10 years or over, whilst 5 children (**29%**) had been attending for about a year.



“ ———  
The club is our lifeline. It's like a family. It's very special to me.  
————— ”

SSC Parent

# GIRLS' SPORTS PROGRAMME

The PE & Schools Sports Network have always been at the forefront of giving girls equal access to all opportunities in PE & Sport.

This year we were pleased to announce the launch of our '**Girls Sports Programme.**' The programme covers five areas that are open to a range of primary aged year groups. These areas covered Football, Netball, Multiskills, Cricket and Leadership.

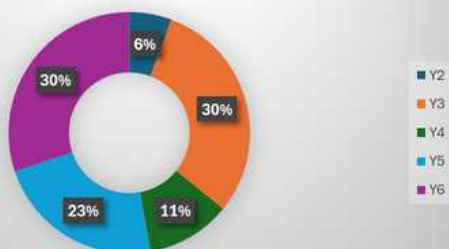
**16** primary schools took part in this years programme with over **1,600** girls taking part in at least one of the workshops that their school selected.



## How are year groups selected?

Majority of schools choose the year group depending on where they feel the need is needed most. The percentages are slightly higher for year 6 as this is a year group that schools target for after they have completed their SATs.

Percentage of pupils from each year group



# 1,623

## GIRLS TOOK PART IN AT LEAST ONE WORKSHOP

## Mini Girls' Football Tournaments

This year we ran **7** tournaments with **24** schools and over **240** girls taking part.

We saw the need to create an environment where girls can play sport in a safe non-competitive environment. Many girls would like to represent their school but the competitive element is often what puts them off.

These tournaments allow those girls to play football with a smile on their faces while also representing their school.

**24/25** will see us increase these tournaments to **10**. Also increasing the number of schools to **40**.

# GIRLS' SPORTS PROGRAMME



## Barclays Girls' Football in Schools Programme

The Youth Sport Trust and The Football Association recruited a network of education-based partnerships with schools throughout England.

Known as 'The FA Girls' Football School Partnerships supported by Barclays', they will create strategic partnerships with families of schools that are committed to the growth and development of girls' football.

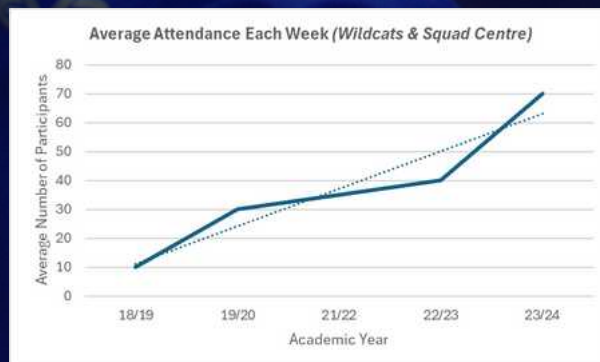
We were one of the first **50** that were chosen back in 2019. Through this infrastructure, we have been able to develop innovative ways to deliver football for girls, improving participation from their very first experience and creating the next generation of female footballers, coaches and volunteers.

## Weetabix Wildcats & Squad Girls Centre

This year we took the decision to move our Weetabix Wildcats centre to a bigger venue. Having been a Wildcats provide since there inception we now welcome over **70** girls each week to our sessions and over **90** officially registered.

Moving to a bigger venue also allowed us to open up our Squad Girls centre at the same time.

The majority of girls that attend both our Wildcats & Squad sessions are girls that we have worked with through our Girls Sports Programme.



## Female Player Pathway

Having added new elements to our girls' provision we were pleased to announce that we are now in a position where we can offer a female player pathway for all girls from 5 years old.

Our last piece of the jigsaw was the addition of our Sunday League Girls Football Team... The Southwark Jaguars.

On the back of the Women's Football World Cup in 2023 there was a big call for more diversity within the womens game. As a network we found that there was still a real lack of girls teams for inner city girls.

From that day The Southwark Jaguars were formed.

“ Just wanted to say a big Thank-you!!!  
The feedback from the girls was that they really enjoyed themselves and looking forward to next week!!  
Fun, smiles and laughter all round!!!! ”

Teaching Assistant at Robert Browning



# ACKNOWLEDGEMENTS



On behalf of the PE & School Sports Network Team we would like to take this opportunity to say thank you to all of the schools we have worked with this academic year.

This year we have worked with over 31,000 children and adults across all our programmes and workshops.

None of this would be possible without the support of our amazing network schools and their dedicated members of staff.

We would also like to thank all of the outside agencies that have provided venues, run workshops and helped us provide the best opportunities to all the schools we work with.

**WE THANK YOU**  
**FOR YOUR CONTINUED SUPPORT IN**  
**OUR PROGRAMS**